



Your health at work

When you are ill, you want to be taken seriously. Not a standard procedure, but support that fits your personal situation. The case manager at invita arbo provides this personalised guidance. From the very first contact until your return to work. We make sure you know where you stand, what is expected of you, and which steps you can take.

What can you expect from invita?

Personal support during recovery

Together with you and your employer, we work towards your return to work. Not faster than is responsible, but also not slower than necessary.

Accessible occupational physicians and case managers

You receive professional support from people who listen and take action. We look beyond limitations and focus on what is possible.

Clear explanation of rights and obligations

We explain what is happening, why certain steps are taken, and what you can do yourself. In clear, understandable language.

Oog voor jou als mens Seeing you as a person

Recovery often goes beyond medical complaints alone. Work-related or personal circumstances may play a role, and we take these into account.

With Invita, you are not a case number — you are a person. We support you throughout the process, and work together with you to find solutions. You are central to the process of recovery and return to work.

What are your rights and obligations?

Your rights

- Your privacy is respected: medical information remains confidential between you and the occupational physician.
- You are entitled to a plan of action and regular evaluations.
- You may request a second opinion from another occupational physician.
- You receive guidance tailored to your situation, focused on sustainable recovery.

Your obligations

- Report sick in accordance with the arrangements made with your employer.
- Cooperate with assessments, and the plan of action.
- Respond to invitations and stay in contact with your case manager.
- Attend appointments (for example with the occupational physician) on time.
- Accept suitable work if the occupational physician indicates that this is responsible.

Discuss concerns in time

Would you like to discuss your workload, working posture, or workplace setup? Ask about the preventive consultation. This allows us to look together at what can be improved.

Contact invita

Do you have a question, or would you like to make an appointment? Please contact us using the details below.

 + 31 (0)88 0445 280

 werknemers@invita.nl

 www.invita.nl/werknemer

We are available by phone from Monday to Friday, between 9:00 and 17:00.

